Services for family carers

Counselling for family carers

- Balancing caring responsibilities with work or studies
- Care leave and family care leave
- Part-time work and special leave
- Care needs assessment
- Outpatient and home care
- Day care for older people
- Housing options for older people
- Care topics such as falls prevention, use of care aids and coping with dementia

Events and workshops

- Seminar "Caring for Family Members"
- Care needs assessment
- Powers of attorney and living wills
- Dementia (changing topics)
- Last Aid course

Information

- Caring for family members brochure
- Caring for relatives brochure
- Information via mailing list
- ILIAS group for students with caring responsibilities

In cooperation with Fluxx emergency care, we provide support if your regular care arrangements fall through.

Contact

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Equal Opportunities Officer
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Fathers' Representatives
Prof. Dr. Jens Dingemann
PD Dr. Christian Sturm
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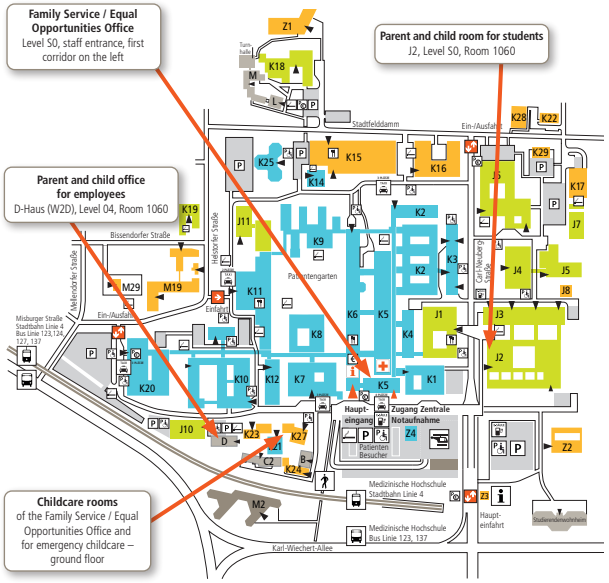

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As of: Oktober 2026

MHH Hannover Medical School

MHH Family Service

Zertifikat seit 2023 audit berufundfamilie

Zertifikat seit 2005 audit familiengerechte hochschule

The family-friendly university audit and Work and Family audit at MHH

„Family is where people take long-term responsibility for one another. At MHH, the concept of family includes not only parenthood but also caring for relatives and loved ones."

MHH's mission statement firmly commits to the best possible balance between studies, family and work. Students and employees with caring responsibilities should have the same opportunities as their fellow students and colleagues. To this end, MHH has regularly undergone the family-friendly university audit since 2005. In 2023, this was extended to the hospital division with the work and family audit. Re-audits take place every three years.

The MHH Family Service is part of the Equal Opportunities Office, where all measures supporting the balance of family, work and studies are coordinated.

The Equal Opportunities Officer, the Family Service team and the two Fathers' Representatives are happy to help with any questions about balancing studies, family and work.

Services for parents

Regular full-day childcare
Up to 404 places for children aged 0–12 on the MHH campus at:
- "Campuskinder" workplace childcare centre
- "Die Hirtenkinder e.V." parent-run initiative
- "Weltkinder" childcare centre (Johanniter-Unfall-Hilfe e.V.)

Supplementary childcare
- **Emergency childcare** by pme-Familienservice GmbH, 365 days a year, 5.45 am – 7.00 pm
- **Flexible childcare** at MHH for planned gaps in childcare, events, exam periods and Saturday study days
- **Fluxx emergency childcare** in your own home
- Eleven weeks of holiday childcare during the Easter, summer and autumn school holidays, and during the Christmas or winter half-term holidays

Information on balancing family, work and studies
- Family Service website: www.mhh.de/familienservice
- Information for parents and children at MHH brochure
- Mailing list and ILIAS group for students with children

Counselling for (expectant) parents
Provided by the Family Service team and the two Fathers' Representatives:
- Pregnancy, maternity protection and parental leave
- Balancing studies, family and work
- Finding suitable childcare
- Family LOM 360°

Family-friendly facilities
- Breastfeeding and baby-changing rooms on campus
- Parent and child room for students
- Parent and child office for employees
- Parent and child parking spaces in front of the childcare centres
- High chairs in the canteen and the campus bistro
- Microwave in the canteen for warming baby food
- "Mensalino" children's corner in the canteen
- MensaCard-Kids for students with children

Events
- Starting a family – an event for everyone expecting a child
- Family-conscious leadership
- Women and pensions – what you need to know about the DRV (German statutory pension insurance), the VBL (supplementary public-sector pension) and the ÄVN (Lower Saxony physicians' pension fund)
- Becoming a father, being a father